

## FOOD BANK

at St Richard's Church, Seacroft.

Thank you to everyone who has made donations to the food bank, whether cash, foods or toiletries.

Please keep up the good work.

Now that the school holidays are with us, children who have benefitted from free school meals will no longer be getting fed a hot meal at mid-day.

This puts an extra burden on family who are struggling with the cost of living.

As always the collection points are the black box half way up Carole's drive 34 Main Street, Barwick, or the back of church,

### **Urgently needed!**

long life milk, tinned fish, tinned meat, tinned fruit, tinned vegetables, cereals, pasta sauces, cordials.

**Very urgently needed** - feminine hygiene products

**Thank you**

### Contact details:

Revd. Jonathan Brennan - Rector - 0113 289 2437

0748 006 5354 - jonathan.brennan@leeds.anglican.org

Leslye - church warden - 0113 281 2488

leslyeanglican@btinternet.com

Carole - church warden - 0113 281 2149 carole.cassidy39@gmail.com

Revd. Kathryn - retired priest - 0113 281 2761

Hilary - Benefice PA - 07762 322193

general enquiries, funerals, baptisms

Carol - wedding enquiries - 0113 281 3048

Web site barwickcofechurch.co.uk



All Saints'  
at the heart of the  
community

Sunday 4th August 2024

TRINITY 10

8.00 Holy Communion

10.30 Morning Worship

Readings - Ephesians 4:1-16 & John 4:24-35



Elmete'  
Trinity Benefice

### **August Letter from the Rector**

I've always thought of August as a kind of 'slow' month. It is, of course, the school summer holidays and there are many who spend some of the month away on holiday. Even for those of us without school-age children, August seems to have a different rhythm and routine to the other, often frenetic, eleven months. And I think that is a good thing.

Throughout the Gospels, Jesus tells us that there are times that we need to slow down, to take stock. Jesus encourages us to use Sabbath rest to restore our spirituality and our relationship with him – to regularly step away from the busyness and distractions of everyday life. Of course, that is easier said than done for many of us, because life is so busy, and there are so many distractions. But we know from a practical viewpoint how important rest is and Jesus reemphasises that rest is not only good for our physical and mental wellbeing, but for our spiritual wellbeing too.

And it is in that rest, and the stillness that should accompany it, that we have the opportunity to reengage with God. It is in the rest that we learn the discipline of patience and the truth of God's timing. When I reflect on this, I am often drawn to my favourite Psalm, Psalm 40. It has been a favourite of mine since I was a teenager and the band U2 set it to music on their 1983 album 'War'. Here are the first few verses.

I waited patiently for the Lord;  
he inclined to me and heard my cry.  
He drew me up from the desolate pit,  
out of the miry bog,  
and set my feet upon a rock,  
making my steps secure.  
He put a new song in my mouth,  
a song of praise to our God.

The psalmist knew, as we should grasp today, that everything is in God's timing and it is only when we stop, rest, and wait patiently that we will be drawn out of whatever miry clay we find ourselves stuck in. I don't know if it is scientifically true or not, but I was always led to believe that if you are stuck in mud, the more you struggle, the quicker you sink. Being patient in those circumstances is never easy, but it is in the waiting that we renew our relationship with God.

Have a restful August!

Revd Jonathan

# Introducing the Christian Faith

**St.  
Philip's  
Church  
Scholes**

**Share  
a meal**



**Discuss  
what it  
means to be  
a Christian**



**SATURDAY  
5th & 19th  
October  
2nd & 16th  
November**

**7pm  
to  
9pm**



**For further details or to register  
your interest, contact:  
Revd Jonathan Brennan  
([jonathan.brennan@leeds.anglican.org](mailto:jonathan.brennan@leeds.anglican.org))  
or Alan Stanley  
([alan.stanley8@btinternet.com](mailto:alan.stanley8@btinternet.com))**